

FILM / VIDEO – RISK ASSESSMENT RECORD

Production					
Location					
Date & Duration					
Description of Work Activity (including People at Risk)					
Hazard Identification	Hazard Present		Risk Assessment		
	YES	NO	SEVERITY	LIKELIHOOD	TOTAL
00. Extra Production Equipment (Jib, Track etc.)					
01. Access / Exits					
02. Animals (domestic or wild)					
03. Audiences					
04. Biological Agents / Infection / Illness / Injury					
05. Cables					
06. Civil Unrest / Crime					
07. Confined Spaces					
08. Cranes / Hoists					
09. Derelict Buildings					
10. Electricity or Gas (other than normal supplies)					
11. Explosives / Incendiaries					
12. Fire / Flammable Materials					
13. Firearms / Weapons					
14. Flying					
15. Hazardous Substances					
16. Hazardous Terrain					
17. Heat / Cold / Extreme Weather					
18. Inexperience					
19. Lasers / Stroboscopic Effects					
20. Machinery / Industry					
21. Manual Handling / Lifting					
22. Night Operations / Difficult Lighting Conditions					
23. Noise / High Sound Levels					
24. Personal Protective Equipment					
25. Physical Exertion					
26. Public / Crowds					
27. Pyrotechnics					
28. Radiation					
29. Roads / Motorways					
30. Scaffolds / Rostra					
31. Special Effects					
32. Special Needs (children, disabilities etc.)					
33. Specialist Equipment					
34. Specialist Rescue / First Aid					
35. Stunts / Dangerous Activities					
36. Transportation					
37. Tools					
38. Underwater / Underground					
39. Vehicles / Speed					
40. Water / Proximity to Water					
41. Working at Height					
42. Working Overseas					
43.					
44.					
45.					

S E V E R E I T Y	<i>FATAL / SEVERE</i>	5	10	15	20	25
	<i>MAJOR INJURY</i>	4	8	12	16	20
	<i>'3 DAY' INJURY</i>	3	6	9	12	15
	<i>FIRST AID INJURY</i>	2	4	6	8	10
	<i>MINOR</i>	1	2	3	4	5
		<i>SLIGHT</i> <i>IMMINENT</i>				
	L I K E L I H O O D					



1 to 6 Hazard identified, risk of Injury, control measures required.



7 to 10 Risk of Bad Injury, control measures necessary to lower risk.



11 to 19 Risking Major Injury – Definite chance of an accident.



20 to 25 Almost certain to be a Severe Injury or Fatality.

Referring to the Risk Assessment Chart you need to assess each Hazard according to how severe the possible outcome if something were to happen set against the likelihood of it happening.

For any hazard identified you should make sure you install Control (preventative) Measures to lower or negate the risk of anything happening. You should always be aware of the risks and have safeguards, as well as systems in place if anything does go wrong (first aid etc.).

RISK ASSESSMENT

What is Risk Assessment?

A Risk Assessment is nothing more than a careful examination of what, in your work, could cause harm to people, so that you can weigh up whether you have taken enough precautions or should do more to prevent harm. The aim is to make sure that no one gets hurt or becomes ill. Accidents and ill health can ruin lives, and affect your production too if output is lost, equipment is damaged, insurance/budget costs increase, or you have to go to court. The important things you need to decide are whether a **hazard is significant**, and whether you have it covered by satisfactory precautions so that the **risk is small**. You need to check this when you assess the risks. For instance, electricity can kill but the risk of it doing so is remote, provided that equipment has been properly checked, 'live' components are insulated and metal casings are properly earthed.

5 steps on:

How to assess the risks in your workplace

Follow these five steps:

- STEP 1: Look for the hazards
- STEP 2: Decide who might be harmed and how.
- STEP 3: Evaluate the risks and decide whether the existing precautions are adequate or whether more should be done.
- STEP 4: Record your findings.
- STEP 5: Review your assessment and revise it if necessary.

Don't get overcomplicated. Usually the hazards are few and simple. Checking them is common sense, but necessary. You probably already know the hazards you will encounter in your work activity that could cause harm. If there is, then check that you have taken what reasonable precautions you can to avoid injury.

Go row the boat to safer grounds

Teenager facing the front door, over shoulder view

But don't you know we're stronger now

Close up of the teen in the shower, water streaming down their back

My heart still beats and my skin still feels

Getting dressed, close up of trousers being put on in the bathroom, close of hands feeling down body.

My lungs still breathe, my mind still fears

Close up of teen putting on binder, door starts to open, and they try to keep it closed.

But we're running out of time

Oh, all the echoes in my mind cry

The door barges open, the dad looks at the teen with such disappointment, the teen hides their chest looking vulnerable. Close up of dad shouting . He spits on the teen.

There's blood on your lies

Teen walks away from house, blood and bruises on teen.

The sky's open wide

A teenage girl walks toward the teen over the shoulder of teen, hugs the teen and holds their face in their hands.

There is nowhere for you to hide

The girl grabs teens handles and pulls them forward to runaway together.

The hunter's moon is shining

They run through a door and as the chorus begins a new world appears.

I'm running with the wolves tonight

Lovers in the forest, wearing a white flowing dress, running fast hand in hand

I'm running with the wolves

Montage of beautiful surroundings

I'm running with the wolves tonight

Close up of lovers running. they look so in love

I'm running with the wolves

Close up of the flowing dresses

I'm running with the

Close up of the teens face, glitter down their eyes.

Trick or treat, what would it be?

Teen hidden behind a tree, focus on their hands touching the tree

I walk alone, I'm everything

Montage of the rocks and the flowers surrounding the area

My ears can hear and my mouth can speak

The two teens walk towards a lake and look into the water

My spirit talks, I know my soul believes

Fairy lights twinkle, the couple kiss

But we're running out of time

They splash in the water, play fighting with each other

Oh, all the echoes in my mind cry

They look around the wilderness, the water is silenT and still

There's blood on your lies

They dance in the water, alone.

The sky's open wide

Hands and sleeves are dirty

There is nowhere for you to hide

They leave the lake, dragging themselves out of the water. Almost looks as if they're on all fours.

The hunter's moon is shining

The moon is out

I'm running with the wolves tonight.

They run through the forest, fast.

I'm running with the wolves

Another person in all white is hidden behind a tree, they howl and start running too

I'm running with the wolves tonight

A pack of five people in white dresses are running through the forest

I'm running with the wolves

Quick snippets of the surroundings showing her fast they're running

I'm running with the wolves tonight

They stop as they have reached a barrier, a dead end

I'm running with the wolves

They raised the teenager up as if they're sacrificing them.

I'm running with the wolves tonight

Close up of them all swaying while holding the teen up in the air

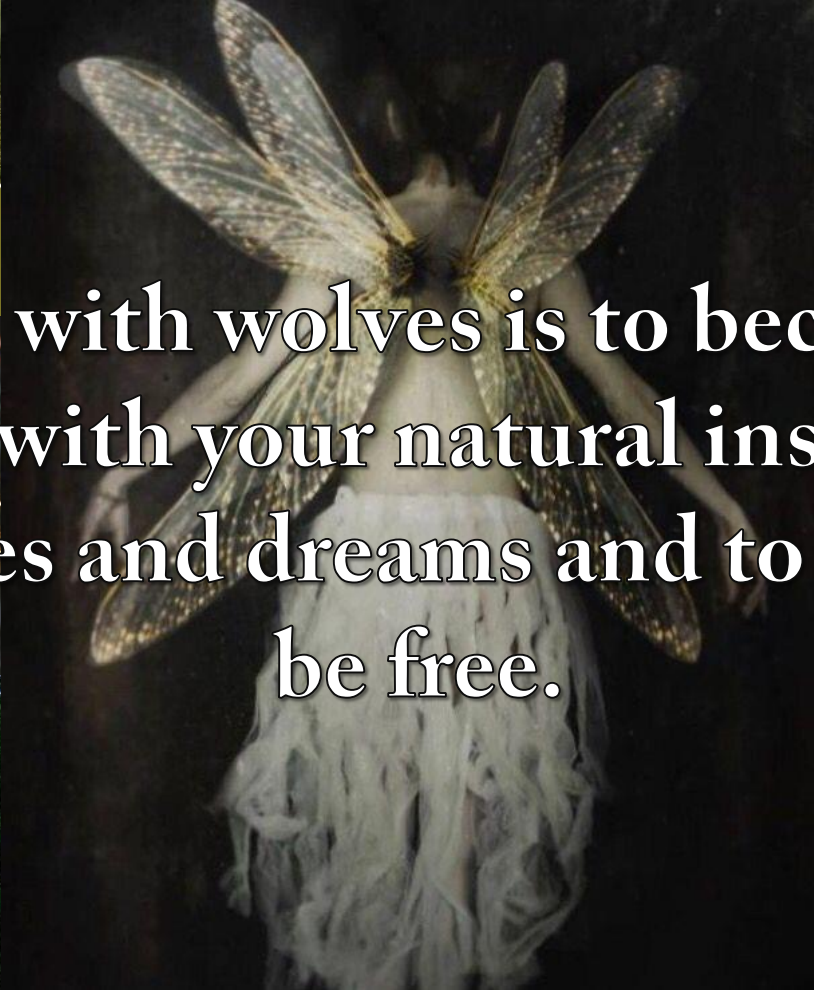
I'm running with the wolves

They lower the teenager onto the ground
(I'm running with the)
The teen has their eyes closed and opens them. Close up
A gift, curse
Flashback to their father shouting at them
They track and hurt
The teen in the shower alone, crying
Say can you dream
A cut 2 the teen being raised in the air by the pack
In nightmares seems
The teen Sat against their bathroom door, crying
A million voices, silent screams
The group in the forest swaying with the teen
Where hope is left so incomplete
The teen alone in the lake looking into their reflection
I'm running with the wolves tonight
The packs start running through the forest without the teen, they come up to the teen and reach out their hands
I'm running with the wolves
The team looks to them with sadness and reaches to them
I'm running with the wolves tonight
They grabbed their hand and all start running together, they smile
I'm running with the wolves
They slow down as it rains and smile
I'm running with the wolves tonight
The group are all in the lake throwing water to each other, slow motion laughing
I'm running with the wolves
They dance in the lake and find their partner, the couple hugs each other
I'm running with the wolves tonight
The kiss in the lake, close ups of the surroundings
I'm running with the wolves
The couple are alone in the lake they look around and suddenly the person is alone
I'm running with the
The teenager is in the water floating alone.

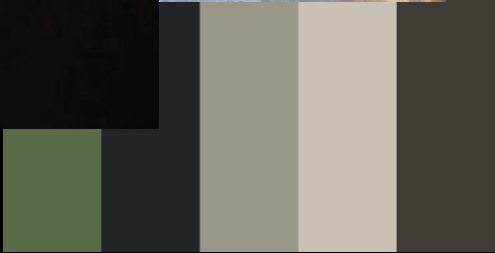
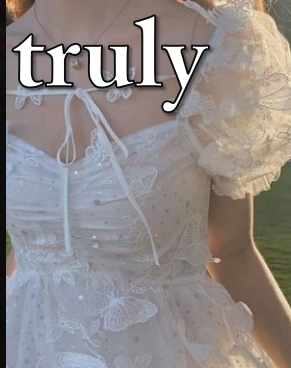
RUNNING WITH THE WOLVES

Directed by Ellie Smyth





To run with wolves is to become in touch with your natural instincts, hopes and dreams and to truly be free.



Minor Project: 3 minutes

Ideas:

Music video – forest vibes, nonbinary representation, maybe relate to being free in their mind?

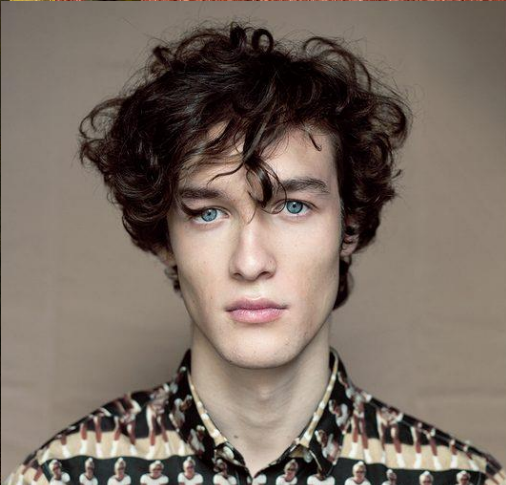
Options for songs:

- Write a song with Lisa
- A moment apart- Odesza
- Running with the wolves – aurora
- Line without a hook

My ideas:

Maybe relate the running with the wolves meaning joining a different pack because they weren't accepted.

Inspo – Eugene lee yang I'm gay video, starts becoming himself



Synopsis:

A nonbinary teenager who feels trapped in their current life – A family who doesn't accept their gender identity.

They decide to go against their taught beliefs and come out as their true selves. They find their “pack” and run away with the “wolves”.

A whole new world opens up to them as they find their new family and support, they can turn to.



Colours/tone:



Dark cloudy skies, showing claustrophobic feel of their home.

Tall, dark towering trees.

All colours of greens in a forest, fairytale runaway vibe.

Browns, greens, blues and white colours
Showing mystery.



Beat sheet:

1.	Opening Image <i>a 'before' snapshot</i>	Opening image of a front house door.
2.	Set Up <i>the 'normal' world, location & hero(ine)</i>	Nonbinary teenager binding their chest in the bathroom, they look at the mirror and smile.
3.	Catalyst <i>something happens to upset world</i>	The door opens, the teen tries to keep it closed. Their father barges into the room and sees what they're doing. They shout, and the teen tries to hide their body from them. The angry father spits and shouts and punches. Black screen as punches towards camera.
4.	Break Into 2 <i>off into 'new' world - no turning back</i>	The teen walking in front of the front door with their belongings in their arms. Black eyes and blood down their nose. They see their partner who holds their face in their arms. Looking into each other's eyes. The partner pulls them to run together and as they run through a door, the environment changes.
5.	Fun & Games <i>twists/turns in the new world</i>	They run together into the forest with flowing white dresses and glitter that was once bruises on their face. Montage of the fairytale world with flowers and beautiful greens. They dance to the breeze of the trees and continue to run through the forest.
6.	Mid-point <i>stakes are raised</i>	A close up of the lovers turning and holding each other, the sunset/ atmosphere is cheery and romantic.
7.	Dark Times <i>all is lost - the lowest point</i>	Switch to the teenager on their own. They're in a lake in their white dress. Dirt covers the dress and their eyes are streaming with mascara and glitter. Their hair is wet, and they look into their reflection.

8.	Break Into 3 <i>figure out the answer</i>	Cut back to the forest as them and 2 more people run through the forest in white and cream, as if they are a pack of wolves. They all dance and have fun and games together amongst the trees.
9.	Finale <i>solve the problem</i>	The group raises the teen into the air and happiness enters their eyes. Slow motion smiles.
10.	Closing Image <i>a snapshot of a transformed hero(ine)</i>	The group are all in the lake, they're playing and splashing around, they drink from the water and wash their hair. Closing image, they're all stood in the lake staring into camera, mid shot.

Script breakdown:

"Running With The Wolves"

Go row the boat to safer grounds
But don't you know we're stronger now
My heart still beats and my skin still feels
My lungs still breathe, my mind still fears

But we're running out of time
Oh, all the echoes in my mind cry

There's blood on your lies
The sky's open wide
There is nowhere for you to hide
The hunter's moon is shining

I'm running with the wolves tonight
I'm running with the wolves
I'm running with the wolves tonight
I'm running with the wolves

I'm running with the

Trick or treat, what would it be?
I walk alone, I'm everything
My ears can hear and my mouth can speak
My spirit talks, I know my soul believes

But we're running out of time
Oh, all the echoes in my mind cry

There's blood on your lies
The sky's open wide
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The hunter's moon is shining

I'm running with the wolves tonight
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I'm running with the wolves tonight
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I'm running with the wolves tonight
I'm running with the wolves

A gift, a curse
They track and hurt
Say can you dream
In nightmares seems
A million voices, silent dreams
Where hope is left so incomplete

I'm running with the...
I'm running with the wolves
I'm running with the...
I'm running with the...
I'm running with the...
I'm running with the wolves

I'm running with the wolves tonight
I'm running with the wolves
I'm running with the wolves tonight
I'm running with the wolves

I'm running with the wolves tonight
I'm running with the wolves
I'm running with the wolves tonight
I'm running with the wolves

I'm running with the...

Costume:

A binder to show that they're not cisgender – this will be seen in the first scene with the family being unsupportive.



Hairstyle will be gender Neutral possibly tied back, neutral colour



Fairy core dress



Glitter will be displayed to show a fairytale twist on crying.



Contrast with black shoes, will be taken off when they go in the lake



Characters:



Main character:

- Androgynous vibes
- Tired, dark eyes, with glitter?
- Pixie/ fairy like
- 19-24 years old
- Nonbinary or LGBT actor
- Small?



Family member:

- Older man
- Similar hair colour to main character
- Dark clothes, maybe a suit
- Deepened age lines



Their partner:

- Feminine long hair
- Angelic
- 19-24 years old
- LGBT

Locations:

Locations I need to find for filming are a front door, Livingroom, forest, pond/lake and a shower.



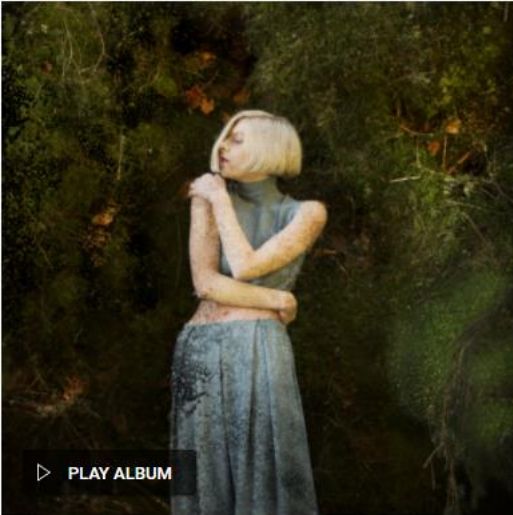


Props:

Shower used to contrast the water and the water in the lake! Bags to show the teen having to leave the home. Glitter to represent bruising on the teenager's face.

Sound:

Running with the Wolves
Album • AURORA



▶ PLAY ALBUM

Runaway	AURORA	4:10
Running with the Wolves	AURORA	3:39
In Boxes	AURORA	3:24
Little Boy in the Grass	AURORA	4:17



My song of choice is Running With the wolves by Aurora. I chose to use this song for its Indie genre to create a mystical, Fairytale take on a serious matter That many people must deal With in life. Aurora's songs generally Have a deeper meaning to what the Lyrics are saying so she was the best Choice for my idea.

I was debating on adding in a cut in scene at the start Of the music video as it would give me opportunity to Experiment with sound but with the timeline, I decided to Stick with just using the song!



Lighting:

Through lighting I want the start
Of the music video to be seen more grey
And grungy until the teenager leaves
The home that they feel trapped in. I
Will do this by using lower lighting,
Possibly only one light to create a lot of
Shadow in the scenes. I will do scenes
That are more backlit and try and
Define the aging on the mans face.

Whereas in the open forest scenes
I want it to look magical so I will use
More of a yellow toned light for a glow
On the characters.

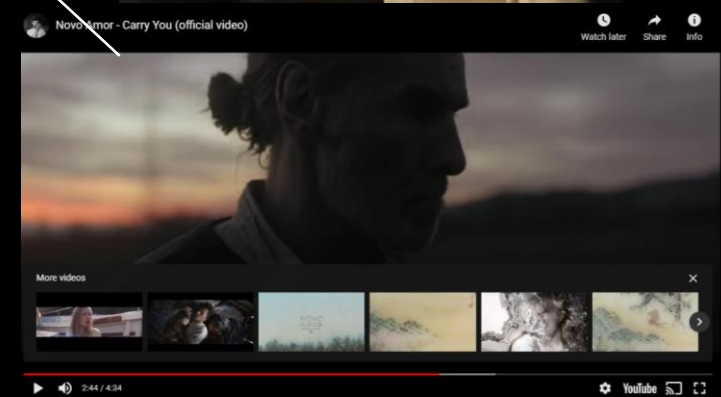


Camera and cinematography inspo:

- GH5 LUMIX will ideally be my camera of choice
- Slow motion, handheld camera motions
- Music video so lots of small takes
- Tripod of some running scenes, and handheld



Novo Amor
Is a massive
Inspo for my
Music video.



Editing:

The editing will be a mix of fast paced and slow cuts to show the more adventurous forest scenes of the music video.

My choice in editing will affect the tone of the music video, I think slower edits will show the angelic new world that the teenager is in, and faster cuts will heighten the pain they feel when the family member hurts them.



Production Call Sheet

TITLE: <i>Running With the Wolves - AURORA</i>		Shooting Date: <i>3rd December 2021</i>	
Producer: <i>Ellie Smyth</i>		3pm - 5pm <i>4th December 2021</i>	
Director: <i>Ellie Smyth</i>			
SET	SCENES		
<i>Bathroom</i>	<i>1</i>		
<i>Front Door - outside</i>	<i>2</i>		
<i>Bits Park</i>	<i>3</i>		
<i>Cover Set:</i>			

CAST CALL TIMES

CAST MEMBER	ROLE	MAKEUP BY	Call Time
<i>Lisa Scotland</i>	<i>Fairy / beaten up</i>	<i>Ellie Smyth</i>	<i>12pm</i>
<i>Ellie Smyth</i>	<i>mysterious Lover</i>	<i>Ellie Smyth</i>	<i>12pm</i>
EXTRAS & STAND INS		MISC. INSTRUCTIONS	
<i>N/A</i>		<i>N/A</i>	

Notes :

N/A

NEAREST HOSPITAL:

Cumbrian Infirmary - CA2

OTHER EMERGENCY INFORMATION:

Running With The Wolves

AURORA



*Running With
The Wolves*



*Running With
The Wolves*



Running With The Wolves

By AURORA



Running With The Wolves

AURORA





Running With The Wolves





m that makes an
oup in many ways
film, instead of panicking
matographer on top of my

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, I did not receive
e, I found it difficult to sort
ragged out the whole filming
g days was difficult to work
ually the rest of us had a group
e we waited for a completed
ay of filming which was a
feel to blame for this lack of
ake sure the crew was up to date
icate with people during a
roducer was the constant change
g day that worked with
filming on a day where not all the

